

REDUCED QUARANTINE

How does it work?

Quarantine has two acceptable alternatives:

- Quarantine may end after **Day 10, without testing if no symptoms have been reported** during daily monitoring
- Quarantine can end after **Day 7, with negative testing results AND no symptoms reported**
 - Test must be taken within **48 hrs before** the time of **planned shortened quarantine**
 - Quarantine **cannot be discontinued earlier than after Day 7**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Last exposure Day 0	Quarantine Day 1	Quarantine Day 2
Quarantine Day 3	Quarantine Day 4	Quarantine Day 5	Quarantine Day 6	Quarantine Day 7	Quarantine Day 8	Quarantine Day 9
Quarantine Day 10	Return to school Day 11					

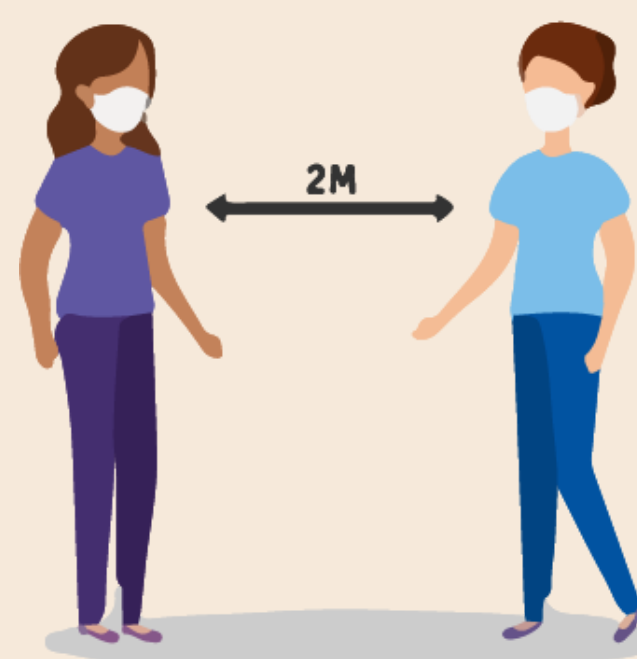
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Last exposure Day 0	Quarantine Day 1	Quarantine Day 2
Quarantine Day 3	Quarantine Day 4	Take test Day 5	Quarantine Day 6	Quarantine Day 7	If Negative, Return to school Day 8	

Additional Requirements:

- **No symptoms** of COVID-19 have occurred during quarantine
- Continue to monitor for possible symptoms until **Day 14 after the last close contact** with COVID-19 case
- Continue to follow all mitigation recommendations to prevent the spread of the virus
 - Wearing face masks
 - Practicing social distancing of 6 feet
 - Proper hand washing



Social Distancing



THE UNIVERSITY OF ARIZONA
Mel & Enid Zuckerman
College of Public Health



CUARENTENA REDUCIDA

¿Cómo funciona?

La cuarentena tiene dos alternativas aceptables:

- La cuarentena puede terminar después del **Día 10, sin pruebas si no se han reportado síntomas** durante el monitoreo diario
- La cuarentena puede terminar después del **Día 7, con resultados de prueba negativos Y sin síntomas reportados**
 - La prueba debe realizarse dentro de las **48 horas previas a la cuarentena abreviada planificada**
 - La cuarentena **no se puede suspender antes del Día 7**

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Requisitos adicionales:

- **No se han producido síntomas** de COVID-19 durante el periodo de cuarentena
- Continúe monitoreando los posibles síntomas hasta el **Día 14 después del último contacto cercano** con el caso de COVID-19
- Continúe siguiendo todas las recomendaciones de mitigación para evitar la propagación del virus
 - Use cubrebocas
 - Practique el distanciamiento social de 6 pies
 - Lavado de manos adecuado



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PIMA COUNTY
HEALTH DEPARTMENT